



/fli6«o o'jf dxf;+3 g]kfn - lgkmg_

National Youth Federation Nepal(NYFN)

dx;+3sf kbflwsf/L / ;b:ox?sf] d'Nof+sgsf nflu lgb}{lzs

k|:tfjgM

/fli6«o o'jf dxf;+3 g]kfn sf ;b:ox?sf] d'Nof+sg u/L To;sf cfwf/df pTs[i7 ;b:ox?nfO{ cfjZostf cg';f/sf] dgf]gog ug}{, sfo{sf] lhDd]jf/L lbg], kb:yfkg, ;xeflutf / g]t[Tjsf nflu cfjZos sfo{x? ug{sf nflu cfjZos /x]sf]n] of] æ;b:ox?sf] d'Nof+sg sf nflu lgb}{lzsÆ tof/ ul/Psf] 5 .

d'Nof+sgsf] cfjZostfM

;b:ox?nfO{ cj;/sf] ;d'lrt jf+8kmf+8, ;dfa];L / pko'Qm 9+uaf6 cj;/x?sf] ljt/Of, ;+:yfsf] kbx?df dgf]go, lgo'QmL / lgjf{rg k"}j{ ;efn] dfu u/]df ;f] ;d]tsf] k|of]hgsf] nflu ;b:ox?sf] ljlwjt\ 9+udf d'Nof+sg ug'{ dxf;+3sf] ;+:yfut ljsf;sf] dxTjk"Of{ r/Of ePsf]n] of] d'Nof+sg k4ltsf] cfjZostf dx;'; ePsf] xf] .

d'Nof+sg ljlwM

;fdfGo tof ;b:osf d'Nof+sgsf ljlwx? lgDgfg';f/ x'g] 5g\M
!= ;b:on] wf/Of u/]sf] kb / ;f] cg';f/ dxf;+3sf] ultljlwdf lgefPsf] e"l dsf
@= ;b:on] cfkm\gf] kxndf o'jfsf lf]qdf dxf;+3 ;d]tnfO{ hf]8]/ u/]sf ultljlwsf] ljj/Of
#= ;b:on] dxf;+3sf] ;b:otf a[l4df k'\ofPsf] of]ubfg
\$= ;b:osf] ;+:j;]jsLo dg;fo / k'\ofPsf] of]ubfg
%= ;b:on] ;+:yfsf] a[l4 ljsf;df ef}lts ?kdf b]lv]g] u/L k'\ofPsf] of]ubfg
^= ;b:osf] v'Nnf ;'rgf dfkm{t ul/Psf] cfAxfgd f k|Tolf nfesf] cj;/ afx]ssf ultljlwdf ePsf] ;xeflutf
&= ljutsf cj;/af6 k|fKt >f]t, 1fg, l;k / ;'rgf ;fdflhs ;+hfn, Od]n, kq jf k|Tolf ?kdf af+8kmf+8 u/] gu/]sf]
*= ;b:on] tf]s]sf] 9fFrdf k|ult ljj/Of tf]s]sf] clwsf/L jf ;ldlt jf ;ef jf lgsfodf k]z u/] gu/]sf] .

d'Nof+sgsf] nflu tklznsf s'/fx? Wofg lbg' kg]{ 5M

!= cj;/ kfO;s]sf] ;b:osf] nflu bf]xf]/\ofP/ cj;/ lbg'sf] ;\$f d'Nof+sgdf lgs6st clws c+s k|fKt csf]{ ;b:onfO{ l;kmfl/; ug'{ kg}{ .
@= k|fKt cj;/x?sf] ;b'kof]u ug{sf nflu kof{Kt ;do, >f]t / nuglznth lbg g;s]sf] jf g;Sg] b]lvPdf ;f] sf] lgs6td c+s k|fKt ug}{nfO{ l;kmfl/; ug'{ kg}{ .
#= l;kmfl/; ug'{ kg}{ k|of]hgsf] nflu klxn] g} dfkb08 ePsf] eP ;f] dfkb08df /x]/ l;kmfl/; ug'{ kg}{ .
\$= a/fa/ c+s Nofpg] @ hgf ePdf sd pd]/sf] jf Go"g cfly{s cj;yf ePsf] jf dlxnf jf lje]b ul/Psf] hfthflt jf b'u{d lf]qnfO{ l;kmf/L; ug'{ kg}{ .

%= gLlh lzlf0f ;+:yf eGbf ;fd'bfoLs lzlf0f ;+:yfsf pTkfbgnfO{ k|fyldstf lbg] .
^= cj;/sf] ;'rgf Nofpg] ;b:onfO{ dfkb08 k'u]sf] cj:yfdf cToGt} k|yldstfsf ;fy l;kmfl/; ug'{
kg]{5 .
&= cGo ;b:ox?sf] cj;/ h'6fpg e"ldsf v]Ng] ;b:osf] nflu k|fyldstf lbg' kg]{5 .

d'Nof+sg ;ldlt, ;dofjlw / k|lqmofM

sfo{ ;ldltn] cfjZostf x]/L d'Nof+sg ;ldlt lgwf{/0f ug{ ;Sg] 5 . ! ;b:o b]lv a9Ldf & ;b:o
;Ddsf] d'Nof+sg ;ldlt agfpg ;Sg]5 . ;ldltsf] ;+of]hs ;d]t tf]lsg] 5 . d'Nof+s ;ldltsf]
;dofjlw / d'Nof+ssf ;dodf cjnDag ug'{ kg]{ k|lqmof ;d]t o;} ;ldlt u7g ubf{ tf]lsg] 5 .

sfo{ ;ldltn] d'Nof+sg ;ldltsf] lg0f{o sfof{Gjog ug]{ clwsf/L ;d]t tf]Sg]5 . d'Nof+s
k|lqmofsf ;DaGwdf o; lgb]{lzsdfdf tf]lsP jf sfo{ ;ldltsf] lg0f{o eGbf yk ug'{ kg]{ ePdf
sfof{Gjog ug]{ clwsf/Ln] e"ldsf lgjf{x

ug'{÷u/fpg' kg]{ 5 . d'Nof+sg ;ldltsf] lg0f{o a/fa/ dtsf sf/0fn] alNemg uPdf sfof{Gjog ug]{ clwsf/Ln] ;f] sf] lg0f{o lng ;Sg]5 .

sfo{ ;ldltn] tf]s]cg';f/sf] Aoj:yf gu/] ;Ddsf] nflu cWolf afx]ssf] ;lrfno ;ldltn] d'Nof+sg ;ldltsf] sfo{ ug]{ / dxfrlj To; ;ldltsf] ;+of]hs /xg] 5 . cWolf To;sf] sfof{Gjog ug]{ clwsf/L /xg] 5 .

;'rgf k];f/0fM

d'Nof+sg ;ldltn] cfjZos dfkb08 tof/ u/L OR5's ;b:o jf o'jfx?sf] OR5f kq / cfjZostf cg';f/ cGo sfuhft dfu ug{ ;Sg] 5 .

cToGt} cfGtl/s / uf]Ko afx]ssf ;'rgfx? ;f]{hlgs ug'{ ;ldltsf] st{Ao x'g]5 . ;'rgfx? ;fdflhs ;+hfn, Od]n, leQ] 6fF; / krf{ dfkm{t jf cfjZostf x]/L cGo dfWod ;d]t af6 k]rf/ ug'{ kg]{5 .

d'Nof+sg ;ldltsf] l;kmf]/;M

d'Nof+s ;ldltn] cfkm\gf]sf] l;kmf]/L; sfo{ ;ldltn] lg0f{o u/]sf] kbflwsf/LnfO{ tf]s]sf] ;dof]lw leq lnltv pknAw u/fpg] 5 . To:tf] kbflwsf/L gtf]lsPsf] v08df ;f] sfo{ cWolfn] ug]{5 . cToGt} 5f]6f] ;dodf ;DkGg ug'{ kg]{ sfo{ eP ;f] sf] lg0f{o kmf]g, Od]n jf cGo ;/n / 5l/ff] k]lqmofaf6 ;d]t ug{ ;Sg]5 .

l;kmf]/;sf] sfof{GjogM

d'Nof+sg ;ldltsf] l;kmf]/; sfo{;ldltn] tf]s]sf] kbflwsf/Ln] # lbg leq sfof{Gjog ug]{ 5 . To:tf] kbflwsf/L gtf]lsPsf] v08df ;f] sfo{ cWolf]sf] x'g]5 . d'Nof+sg ;ldltsf] l;kmf]/L; pk/s'g} km]/abn ug'{ kg]{ jf /fo lng' kg]{ b]lvPdf ;f] clwsf/Ln] ;lrfno ;ldltsf] a}7sdf k]z ug'{ kg]{5 . a}7s tTsf]n ga;]sf] v08df cWolf, dxfrlj, / cGo kbflwsf/L ;lxt sfo{;ldltsf] slDtdf \$ hgfsf] ;xdltdf l;kmf]/L;df ul/Psf] Aoj:yfdf a9Ldf @% k]ltzt ;Dd km]/jbn ug{ ;Sg]5 .

d'Nof+sgsf] dfGotf /x]sf] ;dof]lwM

d'Nof+sgsf] glthf d'Nof+sg ;'? ul/Psf] ! dlxgf jf d'Nof+sgsf nflu ;+sng ug'{ kg]{ ljj/Of ;+sng ePsf] !% lbg leq d'Nof+sg ;ldltn] tf]s]sf] clwsf/LnfO{ d'Nof+sgsf] glthf k]z ul;/Sg' kg]{5 . d'Nof+sg glthfsf] s'g} ;do l;df tf]lsPsf] v08df ;f] ;dof]lw sd klg x'g ;Sg]5 .

;fdfGotofM Ps k6s ul/Psf] d'Nof+sg ;f]xL k]s[ltsf k]of]hgsf] nflu ^ dlxgf ;Ddsf] nflu dfGo x'g]5 . sfo{ ;ldltsf] ax'dtsf] lg0f{on] To;sf] ;dof]lw ! aif{ ;Dd nDAofpg ;Sg]5 .

;'zfw]wgM

o; lgb]{lzsfcfjZostf cg';f/ sfo{;ldltn] ;+zfw]wg ug{ ;Sg] 5 . lgb]{lzsfcfjZostf nflu s'g} klg ;b:o jf z'elrGtsn] dxfrljnfO{ ;+af]wg u/]sf] lnltv ;'emfa dxfrlj;+3df btf{ u/fpg ;Sg]5 . pQm ;+zfw]wg ;'emfa dxfrlj]n] sfo{;ldltsf] a}7sdf tTsf]n k]z u/L ;+zfw]wg k]lqmof cuf8L a9fpg] 5 .

l]ljwM

d'Nof+sg ;ldltn] cfjZostf cg';f/ sfo{;ldltsf] ;b:o, lj1 / ;fwf/Of ;b:ox?;+u ;d]t yk k/fdz ug{ ;Sg] 5g\ .

d'Nof+sg ;ldltn] l;kmf]/L; ubf{ #) k]ltzt jf slDtdf ! hgfsf] gfd a}slNks ;b:osf] ?kdf l;kmf]/; ug'{ kg]{5 .

o; k|lqmofdf ;+:yfsf] sf]ifsf] Aofeef/ /xg] eP, ;f] sfo{qmdsf] kljGws jf sf]iffWolf;+u
Aofeef/;+u ;+alGwt klfsf] k"j{ :jLs[lr Inlvt ?kdf lng' kg]{5 .

wGojfb .